

WHEENK! HEALTH

INTRODUCING JESSICA TO WHEENK! MASSAGE

THANK YOU FOR BEING A PART OF THE WHEENK! FAMILY IN ALLOWING US TO PROVIDE YOU WITH EXCELLENT PATIENT CARE. AS WE CONTINUOUSLY STRIVE TO GIVE OUR PATIENTS THE CARE THEY DESERVE & NEED, WE ARE PLEASED TO ANNOUNCE JESSICA BJORKLUND HAS JOINED WHEENK! AS OUR NEW MASSAGE THERAPIST BASED IN THE SAN CLEMENTE OFFICE. JESSICA WILL WORK ALONGSIDE THE PHYSICAL THERAPY TEAM IN PROVIDING EXCELLENT CARE OF PATIENT NEEDS.

AS OUR NEW MASSAGE THERAPIST, JESSICA HAS BEEN WORKING IN MASSAGE FOR 4 YEARS. SHE BEGINS A SESSION BY TRYING TO UNDERSTAND WHAT THE PATIENT WANTS OUT OF THE MASSAGE, AND INTEGRATING EVERYTHING SHE KNOWS BY CUSTOMIZING THE SESSION THIS WAY TO INDIVIDUAL NEEDS. JESSICA IS A GRADUATE OF THE WESTERN INSTITUTE OF NEUROMUSCULAR THERAPY IN LAGUNA HILLS, CA. SHE SPECIALIZES IN MANY DIFFERENT MASSAGE AREAS AND OFFERS THESE SERVICES NOW TO OUR PATIENTS:

- SPORTS/NEUROMUSCULAR MASSAGE THERAPY
- SWEDISH MASSAGE THERAPY
- DEEP TISSUE MASSAGE THERAPY
- PRE-NATAL MASSAGE THERAPY
- AROMATHERAPY MASSAGE

PLEASE COME IN FOR A MASSAGE. WE ARE OFFERING A \$39 ONE HOUR MASSAGE - FOR A LIMITED TIME ONLY. CALL US ON 1-800-943-3651, OR VISIT US ON [HTTP://MASSAGE.WHEENK.COM/](http://massage.wheenk.com/) MASSAGE IS AVAILABLE IN BOTH OUR CHULA VISTA & SAN CLEMENTE LOCATIONS.

Written by, Eugene H.

LIKE THIS TIP? ASK AND DISCUSS MORE HEALTH AND INJURY QUESTIONS AT HEALTH.WHEENK.COM

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Wheenk! Physical Therapy

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